# Owen J. Roberts High School Cheerleading



#### Winter Team Member Code of Conduct

#### 2021 - 2022 Seasons

# **Our Organization**

- A. As an Owen J. Roberts Cheerleader, your primary responsibility will be your academics. The purpose of our team is to support student athletes.
- B. You will serve as an ambassador of the Owen J Roberts School District. You will be expected to uphold the goals of our school community.
- C. The purpose of OJR Cheerleading is to...
  - 1. Represent Owen J. Roberts and promote school spirit
  - 2. Develop techniques and skills necessary to perform safely as a squad
  - 3. Create a "family" atmosphere inside and outside of cheerleading
  - 4. Develop your ability to be a leader in the community
  - 5. Prepare you for your future endeavors
- D. Remember that you represent not only Owen J. Roberts Cheerleading, but also Owen J. Roberts as a whole and at all times. Being on the team is a privilege and should be treated as such.

# **Punctuality**

- A. You are expected to be on time, or early, to ALL events including games, practices, workouts, and any other team events.
- B. Being "on time" means that at the time the event is scheduled to start, you are ready to begin.
- C. Please be respectful of your coaches' and team members' time.

#### Attendance

- A. Attendance at all practices, games, and performances is **mandatory** unless specified.
- B. The schedule will be given to you as early as possible, so you can plan accordingly.
- C. Absence is excused for illness **only** and must be reported to the coaches in advance. In the event of an extended absence, a doctor's note may be required. This goes for all events including games, practices, workouts, and any other team events.
- D. If you miss practice for a reason that is unexcused, you will be issued an infraction. A parent and cheerleader signature will be required. (note: accumulation of 3 level one infractions will result in a missed game)
- E. Please notify your coaches that you will be absent from school (and therefore practice) if it is a practice day.
- F. Playoff Games if given two weeks notice of when playoff games **could** or **will** be, there will be **no** excused absences because of their importance.

#### Respect

- A. Please show respect toward your teammates and coaches through respectful words and body language.
- B. To create a "family" atmosphere we want everyone to feel comfortable speaking up when they see necessary without fear of being put down or ignored.

C. Please refrain from wearing any cheerleading apparel when taking part in activities that would poorly represent the team or our school.

## Communication

- A. Cheerleaders must check the "Band App" on a **daily** basis. This is where we will post information you need to know.
- B. Parents should check their email on a regular basis. We will strive to allow you ample time to read information and respond if need be.
- C. *Social media* Some information will also be shared via @OJRHSCheer on Instagram and Facebook. Information will never be posted exclusively on social media.

# **Equipment and Gear**

#### Personal

- A. You are responsible for purchasing your own practice/game gear that has been decided for the season. This includes, but may not be limited to uniform liner, sneakers, bows, socks, warm-ups, and bloomers.
- B. If there is a financial challenge, please speak with your coach in private, and we will do our best to make accommodations.

## Provided

- A. You will receive a shell, a skirt, and poms at the beginning of the season that will be yours only for that season.
- B. You are responsible for keeping track of your gear. Numbers will be taken at the beginning of the season, and you will be responsible for giving that number back at the end of the season.
  - If you and another team member feel you need to switch any gear for any reason, you are responsible for informing your coaches **prior** to trading items.
- C. This gear belongs to the school and Owen J. Roberts Cheerleading, so you are responsible for keeping it in the condition that it was given to you. This will allow it to be passed along for several seasons.

# **Appearance**

- A. You are expected to be wearing the **exact** outfit that was picked out for the event
  - For example, if the game day outfit says, "shell, skirt, liner, bow, crew socks, sneakers, and hair half-up-half-down" you should be wearing that exact outfit.
- B. Be sure your outfits are clean. This includes washing your uniform prior to game day.
- C. An outfit includes clothing, hair, and makeup (if you choose to wear any). Uniformity of our outfits will add a look of professionalism to the team.
- **D.** Nails should be trimmed to fingertip length at all times in order to protect athletes during stunting. Additionally, no dark polish or brightly colored polish should be worn for games or appearances.

# Social Media

- A. Please be respectful of yourself and your team members on social media.
- B. Your representation of Owen J. Roberts and OJR Cheerleading should reflect in your social media at all times.
- C. Please refrain from posting unacceptable posts on social media as you are representing both the team and yourself.
- D. The above apply to all social media accounts (Snapchat, Instagram, Twitter, Facebook, TikTok, etc)

#### **Accountability**

Owen J. Roberts Cheerleading expects all members to follow the guidelines in the OJRHS Student Handbook. OJR Cheer consequences are specifically aligned to three main sections of the handbook.

- 1. Athletic Eligibility & Sportsmanship: under student activities/athletics
- 2. Code of Ethics: under disciplinary code & policies
- 3. Disciplinary Levels: under disciplinary code & policies
- A level 1 infraction will result in an oral or written apology to all involved parties
  - o An accumulation of 3 level 1 infractions will result in a missed game.
- A level 2 infraction will result in missing 1 game (and all subsequent games until a parent meeting is held)
- A level 3 infraction will result in removal from the team

**Level I** – Bus violation, minor disruption at practice, cursing, dishonesty, dress code violation, late to practice, public display of affection, roughhousing/play fighting/horseplay, throwing of objects (minor), unexcused absence or lateness to practice.

**Level II** - inappropriate/offensive behavior or language, simple defiance, disrespect to any staff member (minor), major disruption at practice, insubordination (minor), leaving practice or other assigned area without permission, leaving school/campus without permission.

**Level III** - insubordination (major), bullying and harassment, verbal or physical fighting/assault, acts punishable by PA Criminal Code, discriminatory behavior, possession/use/transfer of drugs, alcohol, mood altering substances, theft, vandalism, major defiance, disrespect to any staff member (major), and any unacceptable behavior that poses a serious threat to the health or safety of others.

Note: All infractions will be documented and signed by the coach, cheerleader, and parent.

# PLEASE SIGN BELOW ACKNOWLEDGING THAT YOU ACCEPT THIS CODE OF CONDUCT AS SET FORTH AND THAT YOU WILL ABIDE BY THIS CODE FOR THE 2021-2022 CHEERLEADING SEASON.

Cheerleader Signature	Date
Parent/Guardian Signature	